## DR. YIFENG WEI BIO



**Dr. Yifeng Wei**, MA, PhD, is an expert in school based mental health literacy. She is currently an assistant professor with the Department of Psychiatry at the University of Alberta. She is also the consultant to <a href="http://mentalhealthliteracy.org">http://mentalhealthliteracy.org</a>. Dr. Wei's research interests focus on promoting mental health literacy in schools and the community to help children and youth gain better understanding about mental health and mental disorders, reduce stigma against mental illness, obtain and maintain good mental health and enhance help-seeking behaviors. Her work further contributes to close the gap between education and health systems through promoting early identification

of children and youth at risk of mental disorders and improving the quality of referral between systems. She has made a significant contribution to school/community mental health research, program development, and implementation across Canada and around the world.

Dr. Wei has co-authored more than 50 peer-reviewed publications, book chapters and one book on school mental health. She has led/co-led more than 40 school mental health projects, locally, nationally and internationally. She has co-designed many mental health literacy interventions for schools, including: Elementary Mental Health Literacy Resource, Mental Health & High School Curriculum Guide, Go-To Educator Training for early identification, and Transitions resource to support youth transitions from secondary to post-secondary life. In Canada, more than 30,000 educators have received the Go-To Educator training and more than 20 countries have adopted the Mental Health & High School Curriculum Guide. Dr. Wei is currently leading a national project to develop interventions for Indigenous children and youth through multi-sector collaborations with Indigenous community members across Canada.